

# Past Continuous Tense Stories

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The Past Continuous tense is used to talk about actions that were happening at a specific moment in the past. It helps describe events that were in progress. You form it by using "was" or "were" with a verb ending in "-ing." Let's look at three simple and relatable stories for students that use the [Past Continuous tense](#). After each story, you'll find exercises and answers to help you practice.

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## Story 1: The School Project

Last week, Jenny and her friends **were working** on their school project. They **were making** a poster for science class, and they wanted it to look perfect. While Jenny **was cutting** some pictures, Tom **was gluing** the pieces together. Sarah **was drawing** the title with big, colorful letters.

While they **were working**, the teacher came by to check on them. "You all look busy!" she said. Jenny smiled and replied, "Yes, we **are doing** our best!" At that moment, Tom accidentally dropped the glue bottle, and everyone started laughing. The group quickly cleaned it up and continued working.

By the end of the day, their project was finished, and they felt proud. Even though some things **were going** wrong, like the glue spill, they **were enjoying** their time together.

### Exercises:

1. What **were Jenny and her friends doing** for their science class?
2. What **was Jenny doing** while Tom was gluing the pieces?
3. What **was happening** when the teacher came by?

### Answer Key:

1. They **were working** on a school project and **were making** a poster.
2. Jenny **was cutting** some pictures.
3. They **were working** when the teacher came by.

## Story 2: The Soccer Game

Yesterday afternoon, Mike and his friends **were playing** soccer at the park. It was a sunny day, and everyone **was having** a good time. Mike **was running** after the ball when suddenly he tripped and fell. While he **was lying** on the ground, his teammates ran over to help him.

While they **were talking**, Mike's mom arrived at the park. She had been watching from a distance and wanted to make sure everything was okay. Mike smiled and said, "Don't worry, Mom. We **were just playing**, and I tripped. I'm fine!"

After a few minutes, Mike got up and **was playing** again like nothing had happened. The game continued, and everyone **was laughing** and having fun.

### Exercises:

1. What **were Mike and his friends doing** at the park?
2. What **was Mike doing** when he tripped and fell?
3. What **were they doing** when Mike's mom arrived?

### Answer Key:

1. They **were playing** soccer.
  2. Mike **was running** after the ball.
  3. They **were talking** when Mike's mom arrived.
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## Story 3: A Busy Morning

This morning, Anna **was getting ready** for school. She **was brushing** her hair while her brother **was looking** for his shoes. Their mom **was making** breakfast in the kitchen. Everyone **was hurrying** because they didn't want to be late.

As Anna **was packing** her school bag, she realized she couldn't find her math book. She **was looking** under the bed and on her desk, but it was nowhere to be found. "Where could it be?" she thought. Meanwhile, her brother **was still searching** for his shoes, and their mom **was calling** them to come eat.

Finally, Anna found her book on the couch. She grabbed it quickly and ran to the kitchen, where breakfast **was waiting**. It had been a busy morning, but now they **were ready** for school.

### Exercises:

1. What **was Anna doing** while her brother was looking for his shoes?
2. What **was their mom doing** in the kitchen?
3. What **was Anna looking for** before school?

### Answer Key:

1. Anna **was brushing** her hair.
2. Their mom **was making** breakfast.
3. Anna **was looking** for her math book.

### Story 4: The Class Presentation

Last Monday, Sam and his classmates **were getting ready** for their English class presentation. Everyone **was feeling** nervous because they had to speak in front of the whole class. Sam's group **was preparing** a presentation about animals, and he **was responsible** for talking about lions. His friend Maria **was going to talk** about elephants, while Jack **was preparing** a part about tigers.

Before their presentation started, Sam **was checking** his notes one last time. While Maria **was practicing** her lines quietly, Jack **was trying** to fix the slideshow. Suddenly, the lights in the classroom flickered, and the computer turned off. "Oh no! What **was happening?**" the teacher asked.

While the teacher **was calling** for help, Sam and his group **were waiting** nervously. They didn't know if they would be able to give their presentation without the computer. Luckily, a few minutes later, the power came back on, and everyone **was relieved**.

When it was finally time to present, Sam stood up and **was talking** confidently about lions. He **was explaining** how lions hunt in groups and live in Africa. Maria and Jack also did a great job with their parts. By the time they finished, the whole class **was clapping** and cheering. Even though they had some technical problems, their presentation **was going** really well!

### Exercises:

1. What **was Sam doing** before the presentation started?
2. What **was Jack trying to do** with the slideshow?
3. What **was happening** when the lights flickered in the classroom?

### Answer Key:

1. Sam **was checking** his notes one last time.
  2. Jack **was trying** to fix the slideshow.
  3. The computer turned off, and the teacher **was calling** for help.
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## Story 5: The School Trip

Last Friday, Mrs. Lee's class **was visiting** the museum. Everyone **was excited** because they **were going** to see some cool exhibits about ancient history. When they arrived, the tour guide **was explaining** the rules: no running, no touching the exhibits, and stay with the group.

While the guide **was talking**, some students **were already looking** around the big room, curious about what they would see. John and his friends **were walking** near the dinosaur exhibit. They **were pointing** at the large T. rex skeleton when suddenly John noticed something strange.

His friend Kevin **was missing!** "Where is Kevin?" John asked. They looked around, but Kevin was nowhere to be seen. While the rest of the class **was following** the tour guide, John and his friends **were searching** for Kevin.

As they **were looking** for him, they found him near the gift shop. Kevin **was standing** by a display of toys, and he **was staring** at a model of the T. rex. "Kevin, what are you doing here?" John asked. "The class **was waiting** for you!" Kevin laughed and said, "I **wasn't lost**, I just got distracted!"

They all laughed, but John reminded Kevin to stay with the group. The rest of the trip **was going** smoothly, and they learned a lot about history. By the time the tour ended, everyone **was talking** about their favorite parts of the trip, but John knew he would always remember the moment when Kevin **was staring** at the toy T. rex!

### Exercises:

1. What **was the tour guide doing** when the students arrived at the museum?
2. What **were John and his friends doing** when they noticed Kevin was missing?
3. What **was Kevin doing** when they found him near the gift shop?

### Answer Key:

1. The tour guide **was explaining** the rules.
2. They **were walking** near the dinosaur exhibit and **were pointing** at the skeleton.
3. Kevin **was staring** at a model of the T. rex.